

# Searching for new functional properties in traditional foods of Japan and South America



November 8, 2010  
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**Most of functional factors in food are non-nutrients.**

**Nutrients** (proteins, sugars and lipids) undergo decomposition to produce energy (catabolism) in liver. This indicates that nutrients **cannot exhibit bio-functions**.

Contrarily, **non-nutrients do not undergo catabolism**, and therefore can exist in mostly their unchanged forms in food and can **exhibit diverse bio-functions**. However, most of non-nutrients undergo a different metabolism, **conjugations**, in intestinal surface cells.

The conjugations occur on the functional groups, masking with glucuronic acid and/or sulfate, and then **invalidate** active non-nutrients.

## A strategy for finding out biofunctional factors

To find out endogenously active functional non-nutrients,  
**difficult forms to undergo the conjugations** should be searched  
according to the following strategy:

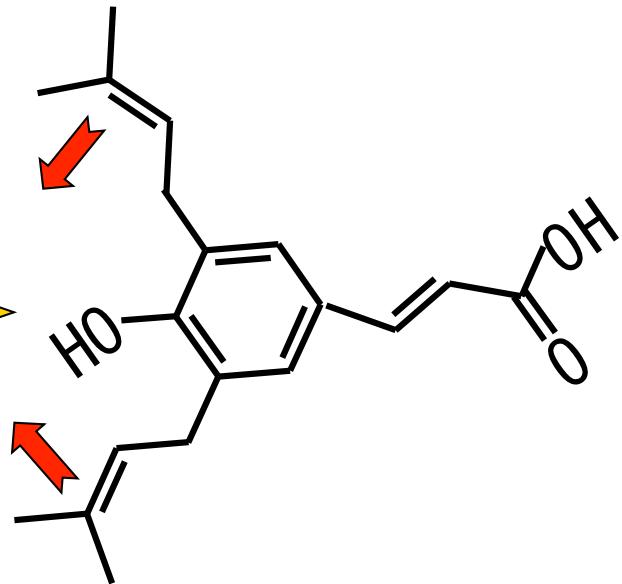
- 1) Compounds retaining the activity even after the conjugations
- 2) A hard chemical to undergo conjugations
- 3) Unchanged chemical during absorption process
- 4) Metabolically activated chemicals when absorbed
- 5) Available chemicals after de-conjugation with endogenous  
β-glucuronidase
- 6) Compounds that can interact with intestinal surface cells and  
transfer immune signals without absorption

## The second idea

Propolis includes a hard chemical to be conjugated,  
artepillin C

Conjugate enzymes

Prenyls



Bee collects from  
*Baccharis dracunculifolia*  
(chilca)



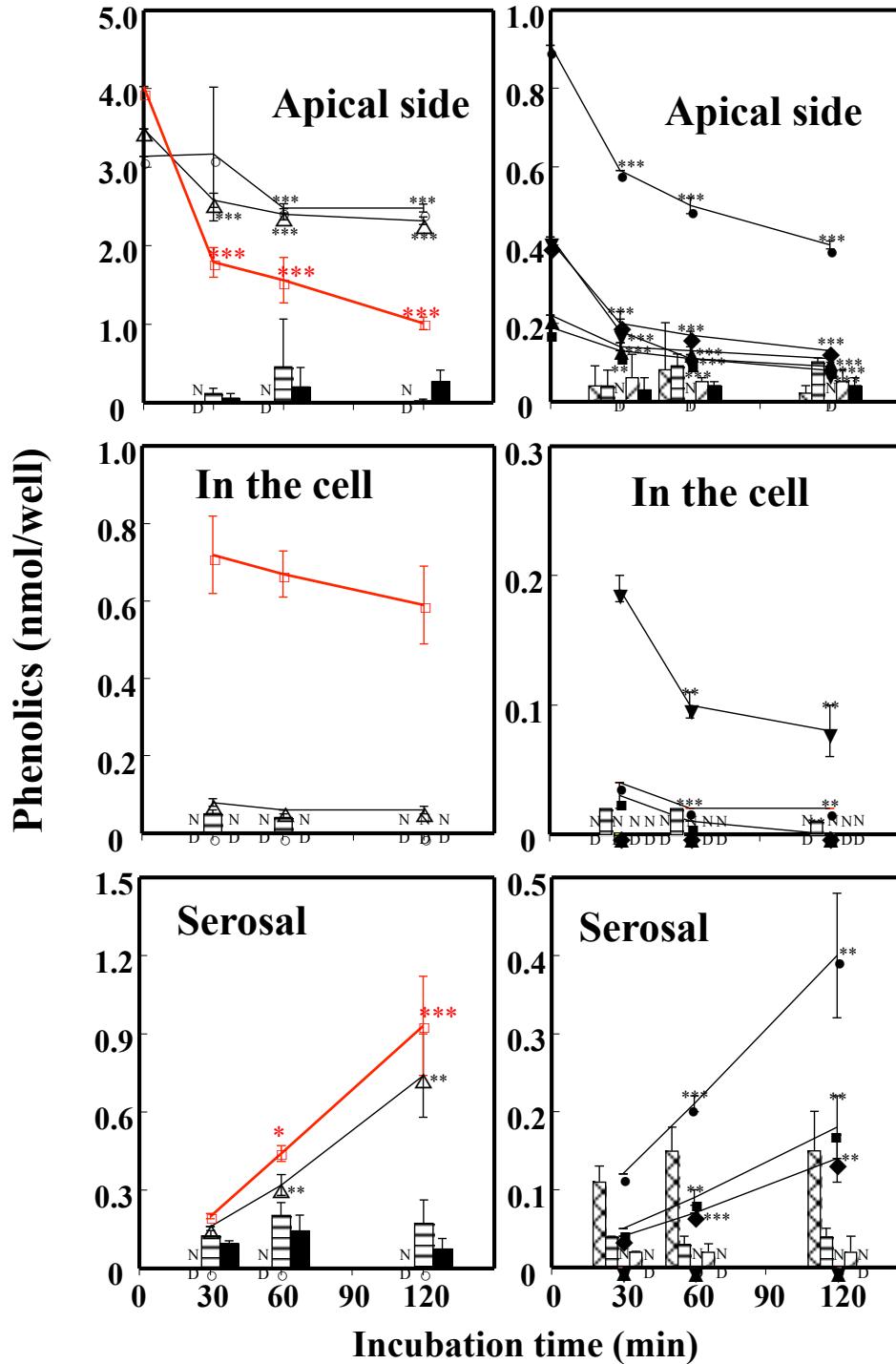
# Bioavailability of artepillin C in Caco-2 monolayers

Free of ;

- ; Ferulic acid
- △; *p*-Coumaric acid
- ; Artepillin C

Conjugated of ;

- Ferulic acid
- ▨ *p*-Coumaric acid
- Artepillin C



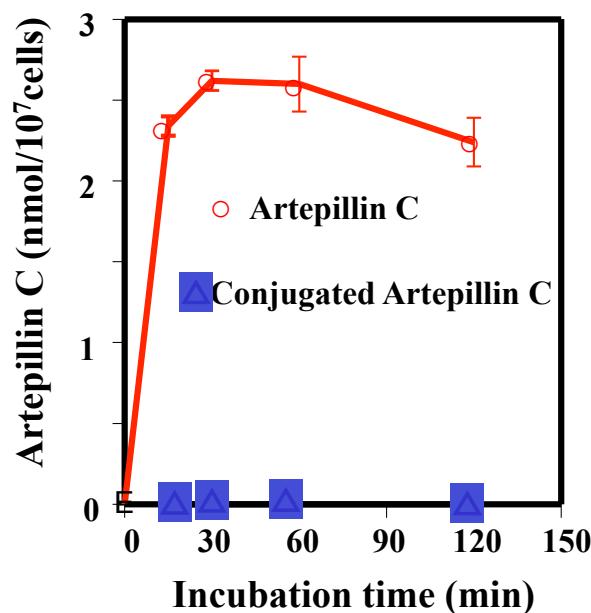
Free of ;

- ; Naringenin
- ▲; Kaempferol
- ; Isosakuranetin
- ◆; Chrysanthemic acid
- ▼; Kaempferide

Conjugated of ;

- ▨ Naringenin
- ▨ Kaempferol
- Isosakuranetin
- ▨ Chrysanthemic acid
- Kaempferide

## Artepillin C can Enter HepG2 Cells and Suppress Oxidative Stress



### HepG2 cells Exposed to O<sub>2</sub><sup>-</sup>

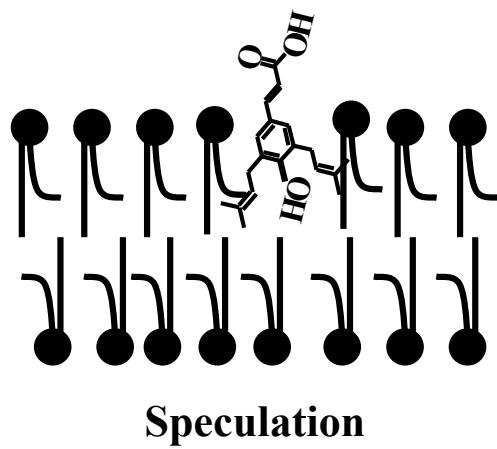
Artepillin C (μM)	Lipid peroxides (nmol/mg protein)
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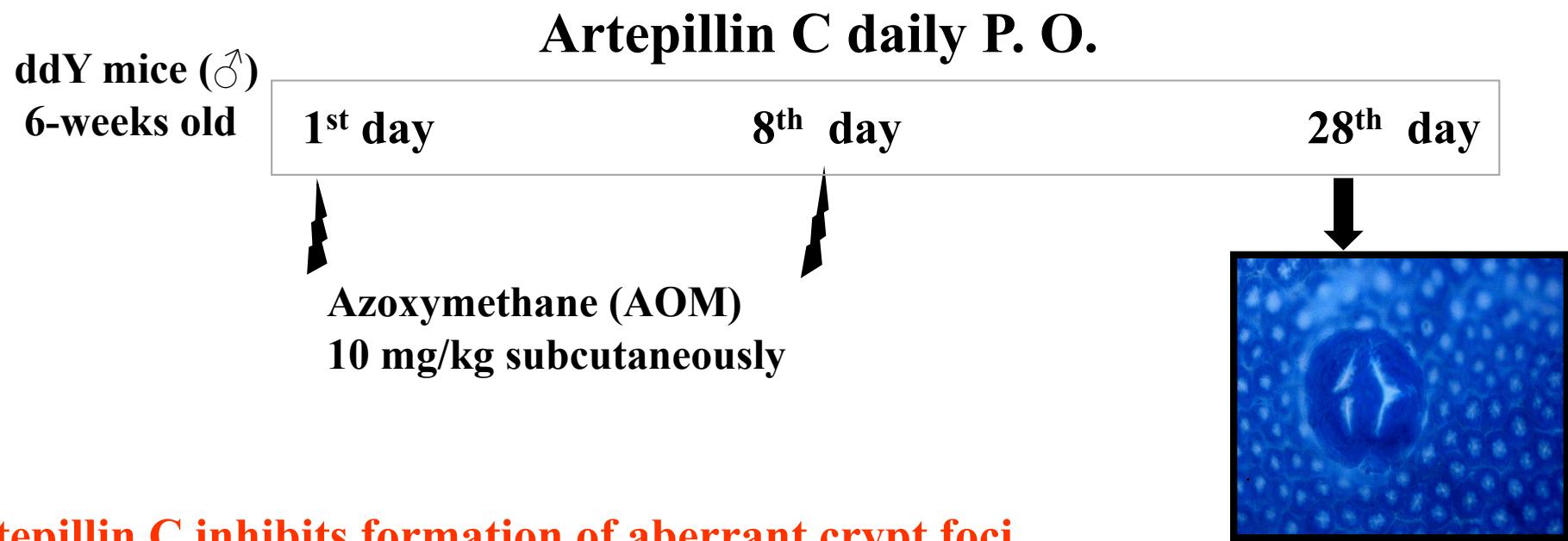
0	0.468±0.013
5	0.426±0.010*
10	0.446±0.006*
20	0.392±0.013*

### 8-OHdG/2'-dG X 10<sup>-5</sup>

0	8.22±1.089
5	7.14±0.411
10	5.35±0.724*
20	5.23±0.176*

Mixed Polyphenols	7.18±0.815
Mixed polyphenol + 10 μM of Artepillin C	4.86±0.481*



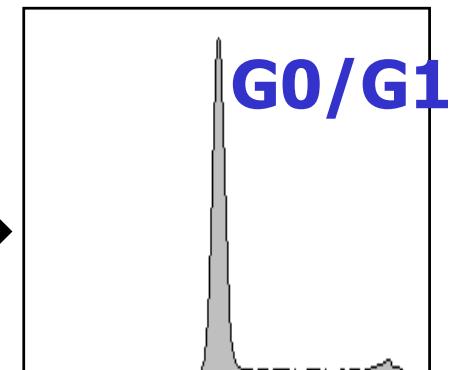
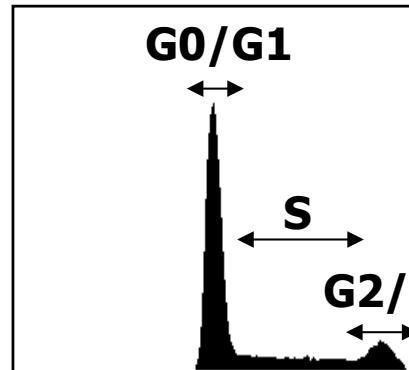
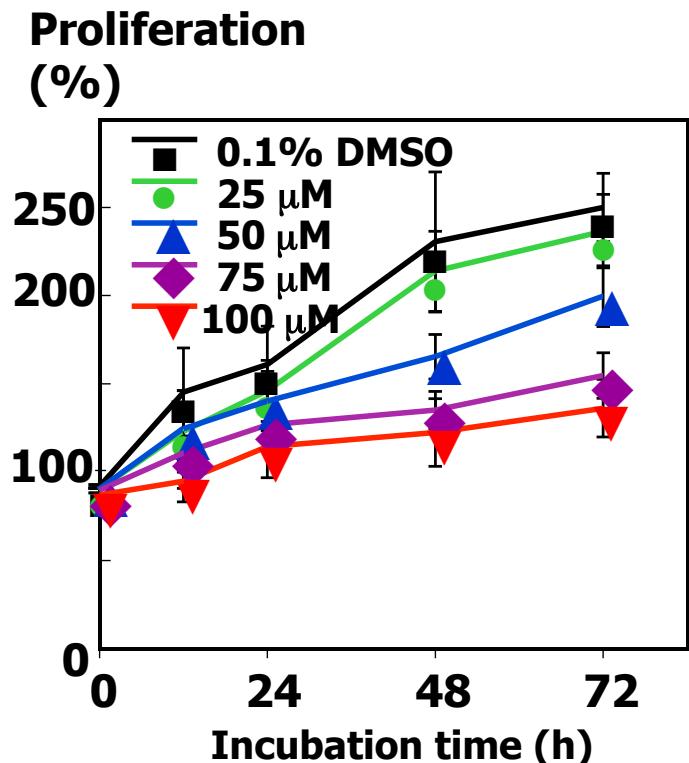


### Artepillin C inhibits formation of aberrant crypt foci

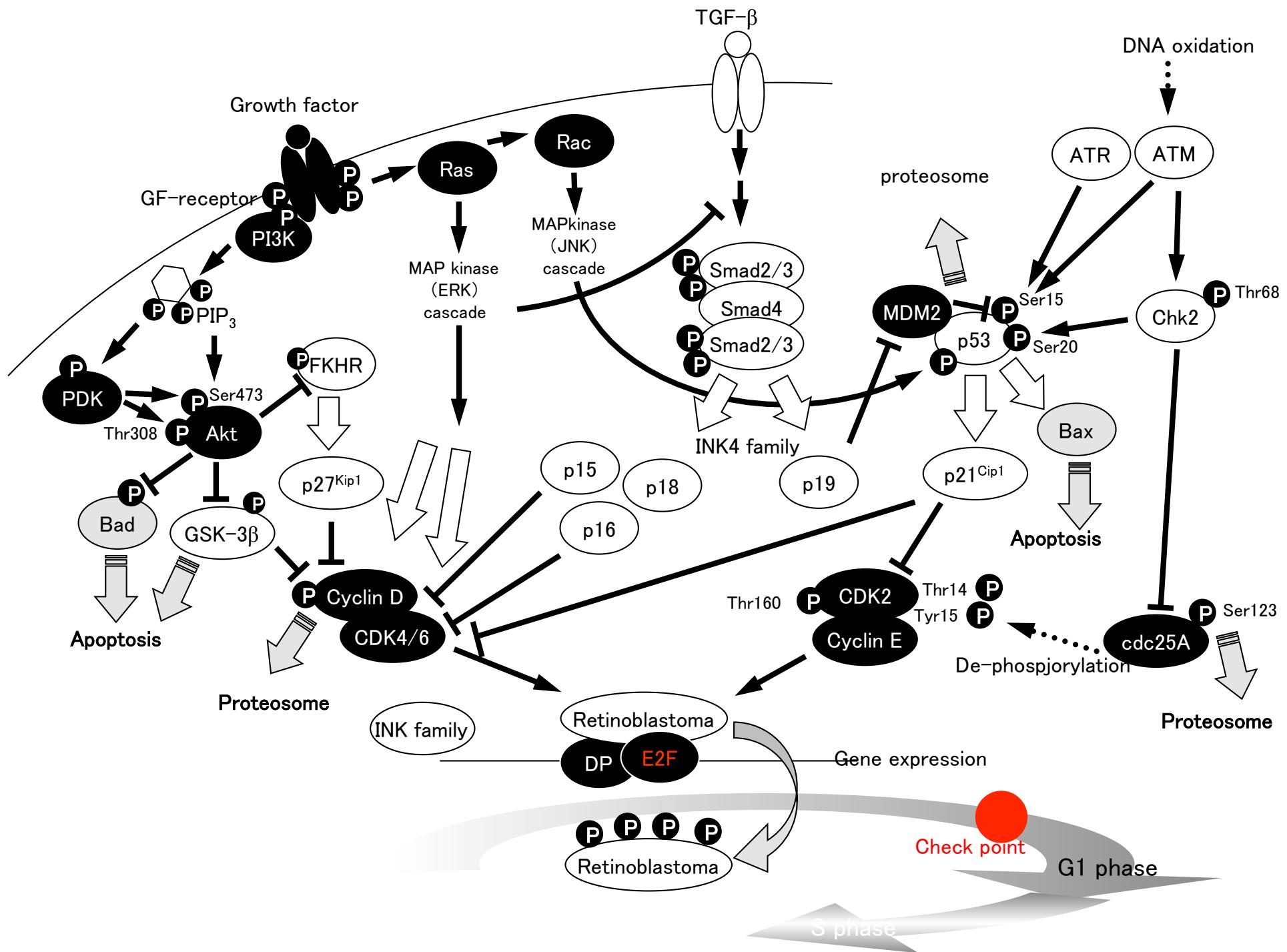
Treatment	Number of ACF	% of Control	ACS/Focus
<b>Negative control (non-treatment)</b>	0	0	0
<b>Positive control (vehicle alone)</b>	<b><math>63.25 \pm 16.5</math></b>	<b>100</b>	<b><math>1.50 \pm 0.18</math></b>
<b>80 mg/Kg propolis</b>	<b><math>38.4 \pm 14.5^*</math></b>	<b>60.8</b>	<b><math>1.40 \pm 0.20</math></b>
<b>160 mg/Kg propolis</b>	<b><math>35.6 \pm 6.8^*</math></b>	<b>56.3</b>	<b><math>1.57 \pm 0.14</math></b>
<b>10 mg/Kg artepillin C</b>	<b><math>35.8 \pm 15.2^*</math></b>	<b>56.6</b>	<b><math>1.49 \pm 0.19</math></b>

n=5, p<0.05

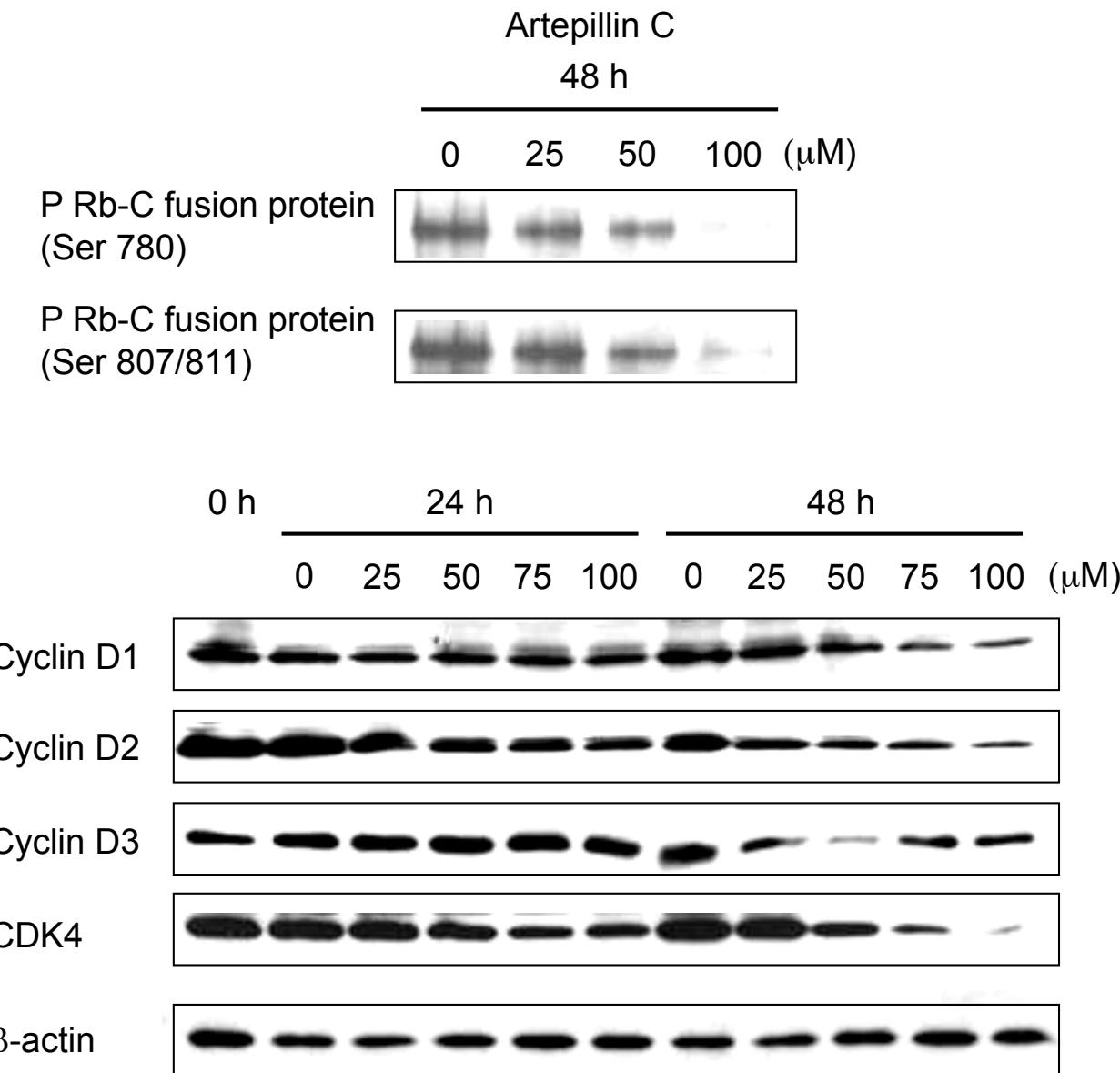
# Artepillin C Induces G0/G1 Arrest in WiDr



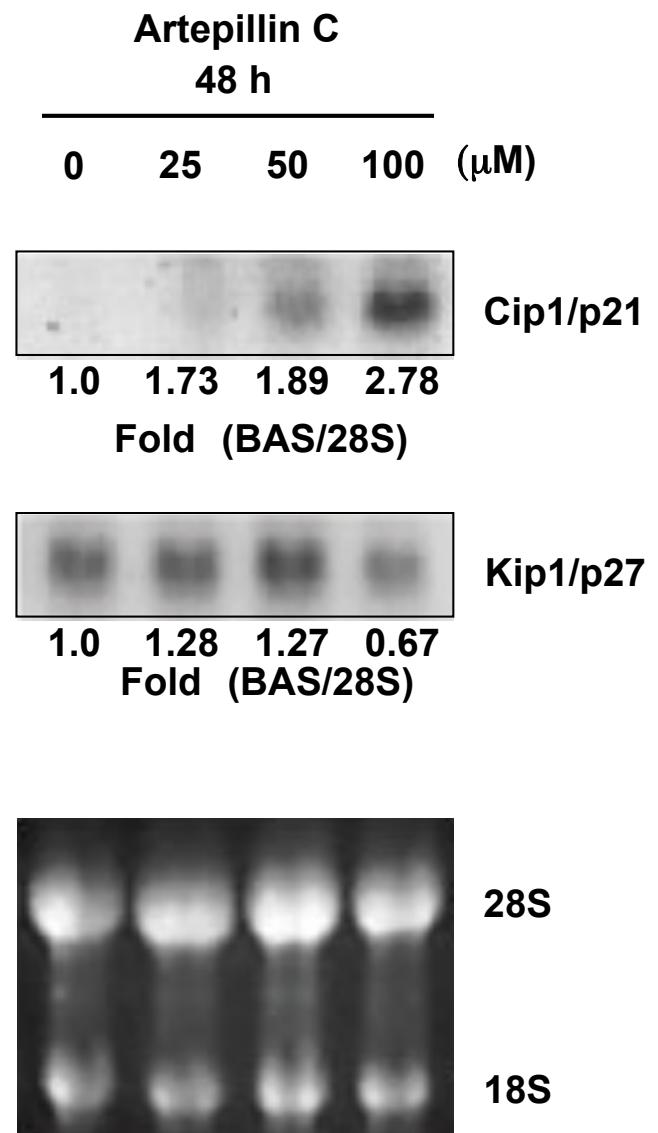
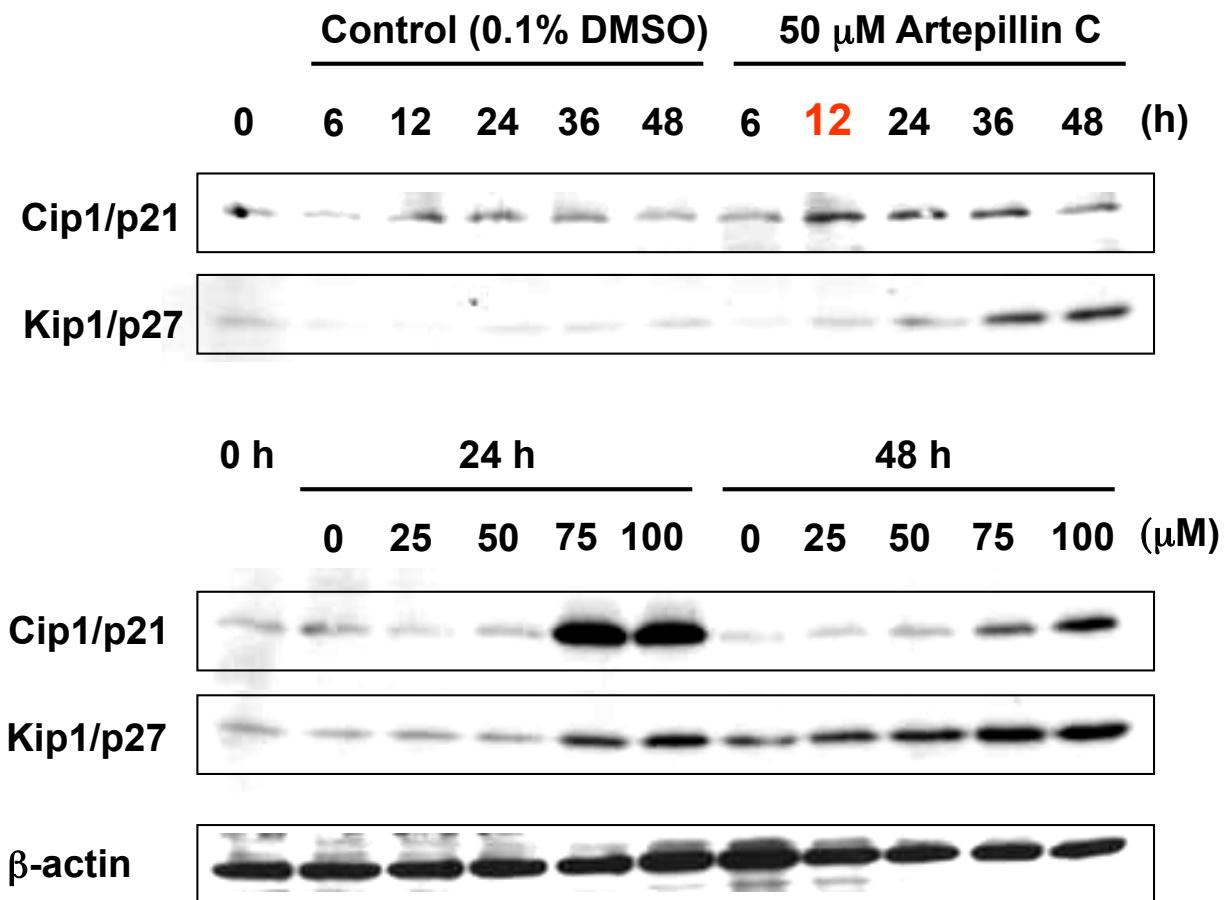
Artepillin C (μM)		G0/G1 (%)	S (%)	G2/M (%)
0 h	0	61.6 ±0.8	33.0 ±1.7	5.4 ±1.0
24 h	0	61.6 ±4.8	29.0 ±4.3	9.4 ±2.2
	25	62.5 ±1.7	27.8 ±0.6	9.7 ±1.0
	50	68.8 ±0.4	22.1 ±0.4	9.1 ±0.5
	100	82.1 ±3.2	13.4 ±2.3	4.5 ±1.0
48 h	0	63.2 ±1.4	29.9 ±1.3	6.9 ±0.1
	25	77.9 ±0.6	17.1 ±0.5	5.0 ±0.5
	50	80.3 ±0.2	14.4 ±0.5	5.3 ±0.7
	100	86.9 ±0.2	6.7 ±0.3	6.4 ±0.1



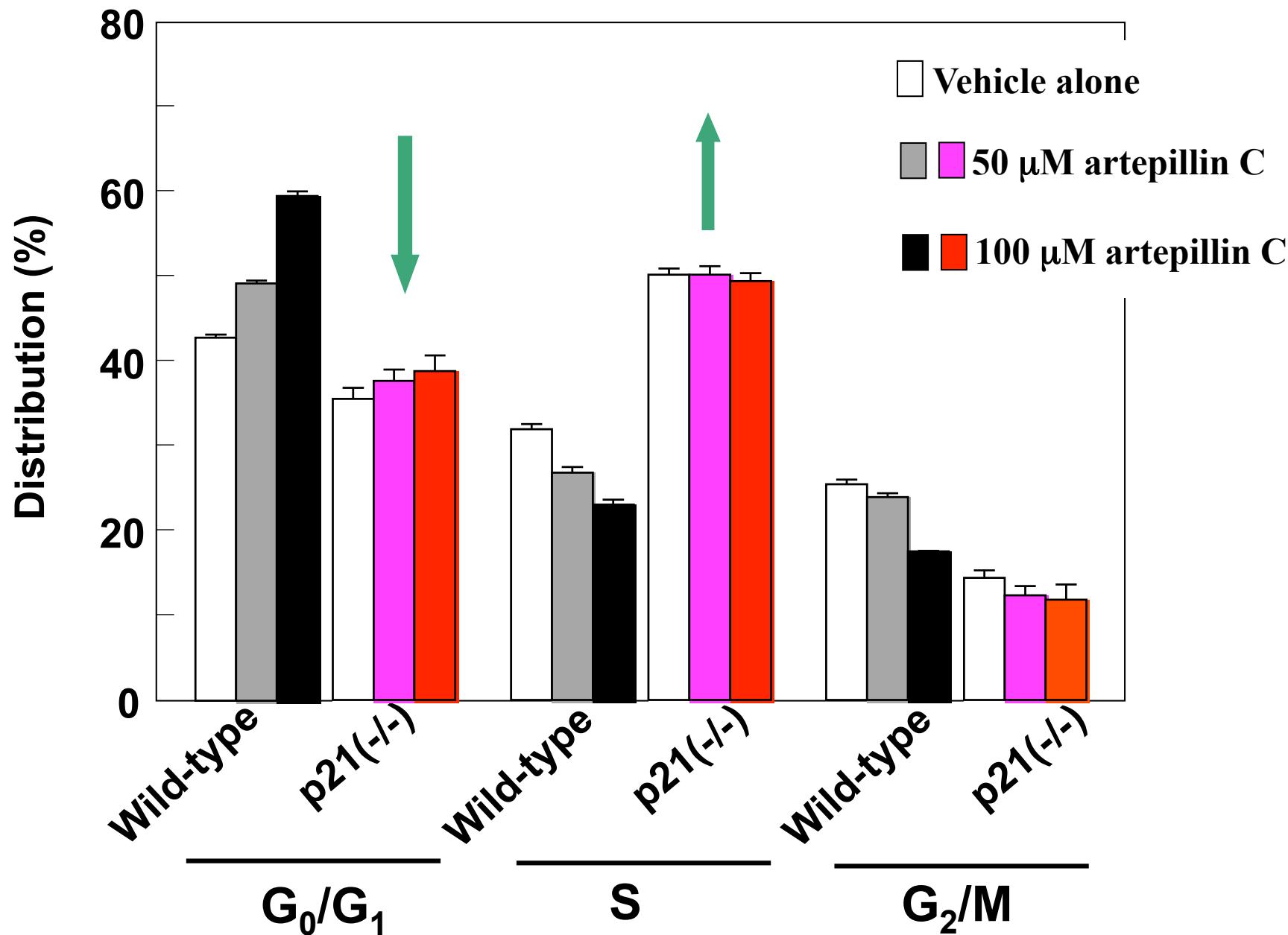
# Artepillin C Regulates Cell-Cycle Related Proteins



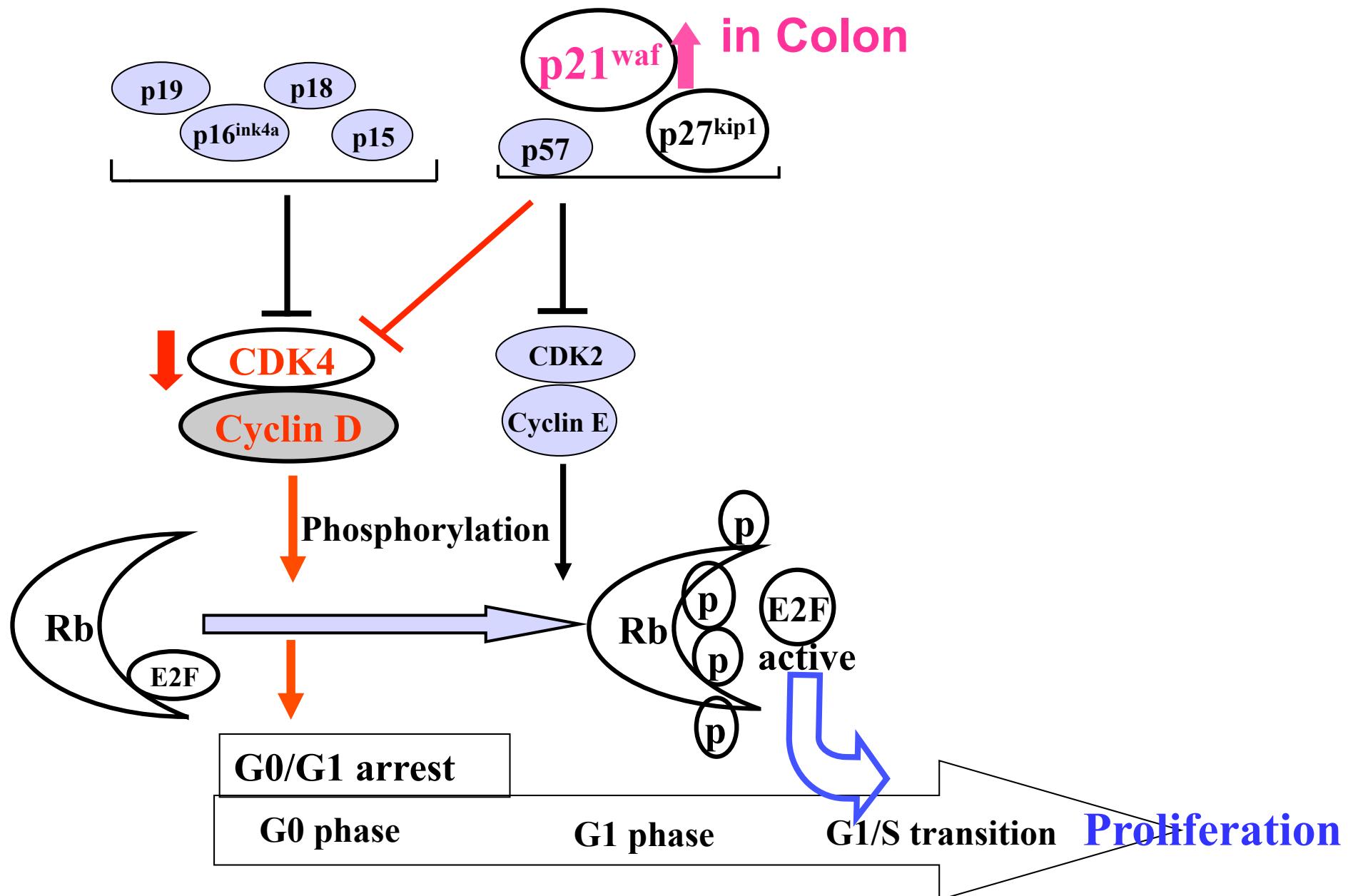
# In up-stream signals



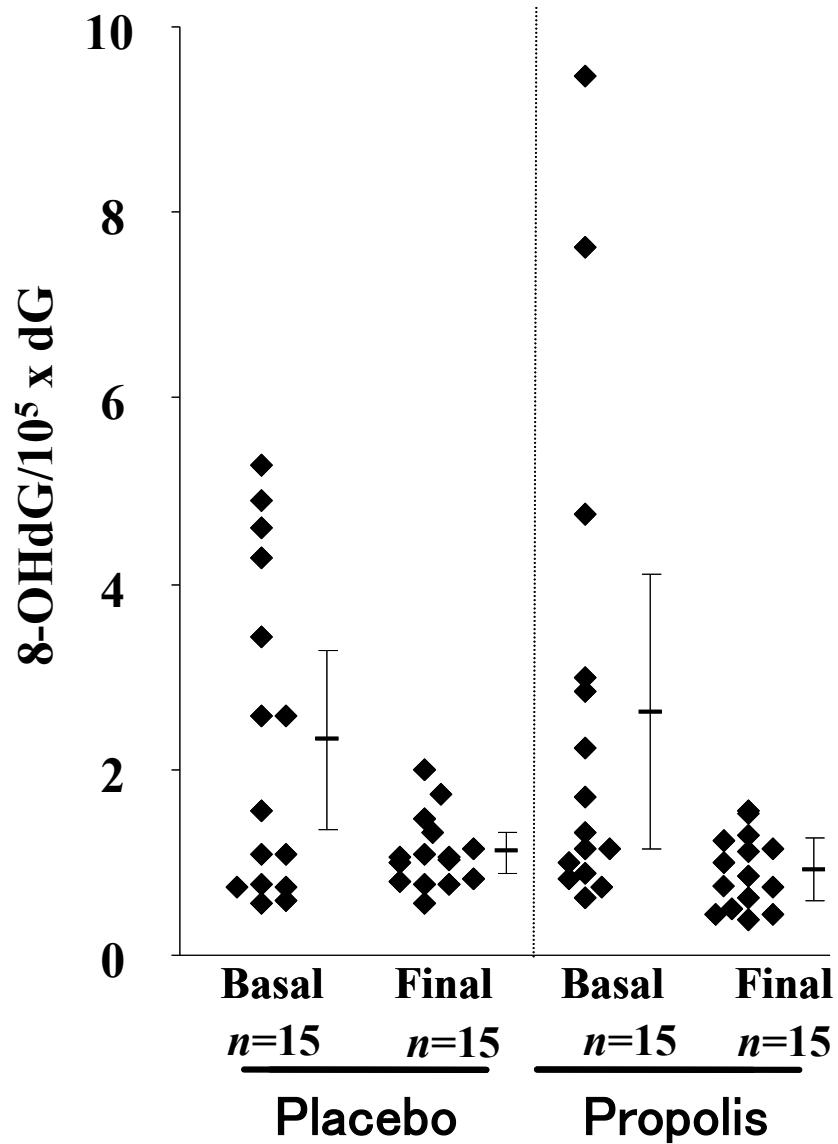
# In Cip1/p21-deleted cells



# Regulatory events by Artepillin



# In Human trial



Artepillin C 20.4  $\mu\text{mol}$  (6.12 mg)  
Ferulic acid 0.3  $\mu\text{mol}$   
*p*-Coumaric acid 3.4  $\mu\text{mol}$   
Kaempferol 8.6  $\mu\text{mol}$   
Naringenin 1.8  $\mu\text{mol}$

3 Capsules per day  
For 3 month

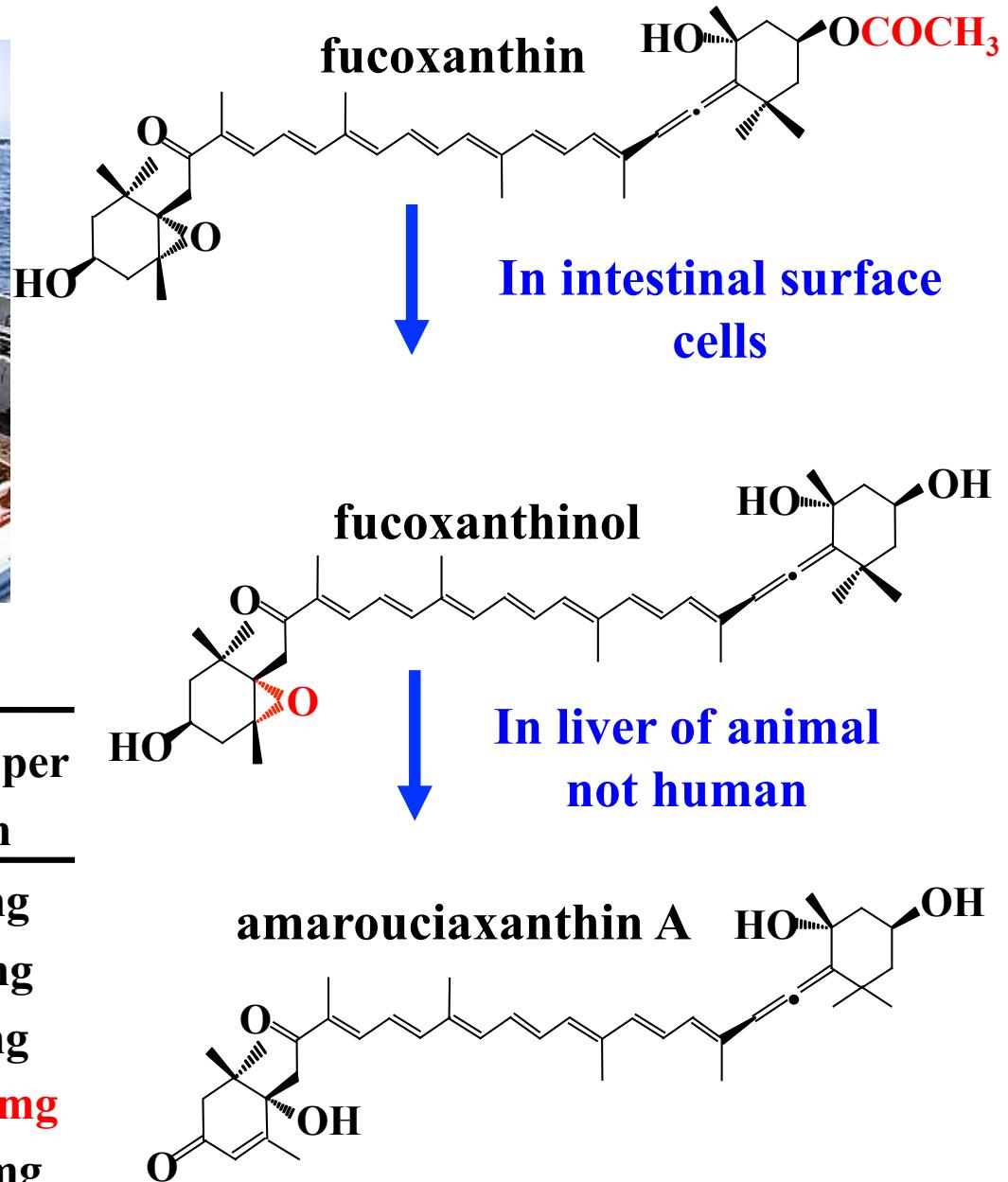
Dosed amounts were too small

### 3) Unchanged chemical during absorption process

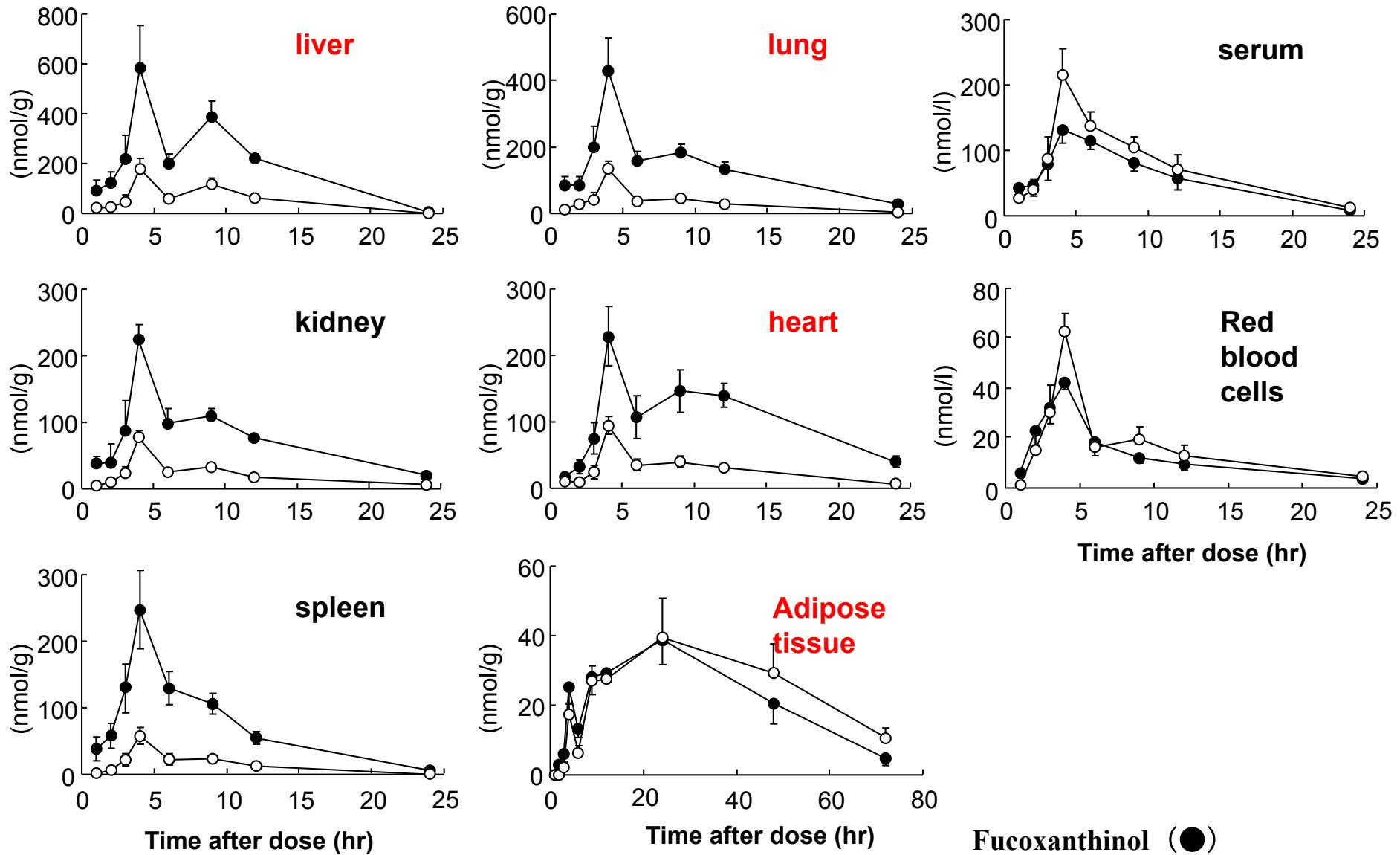


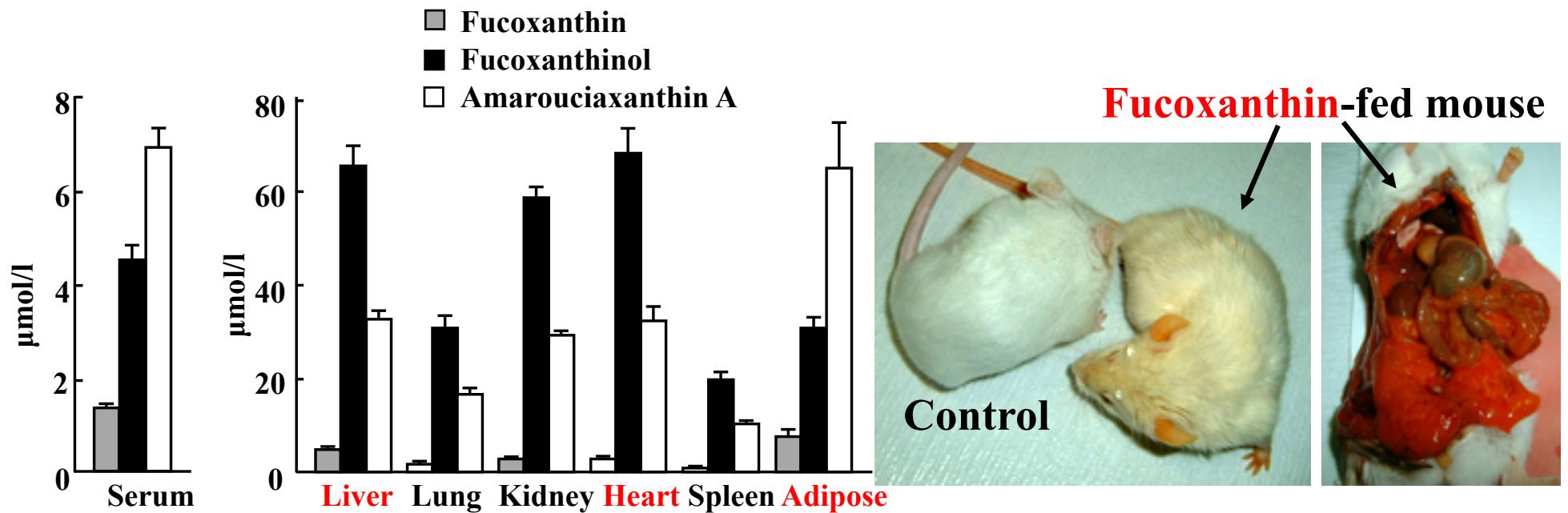
#### Fucoxanthin Contents

Brown algae	Fucoxanthin per 100 g fresh
Wakame ( <i>Undaria pinnatifida</i> )	11.1 mg
Arame ( <i>Eisenia bicyclis</i> )	7.7 mg
Hondawara ( <i>Sargassum fulvellum</i> )	6.5 mg
<b>Kombu (<i>Laminaria japonica</i>)</b>	<b>17.7 mg</b>
Hijiki ( <i>Hizikia fusiformis</i> )	2.2 mg



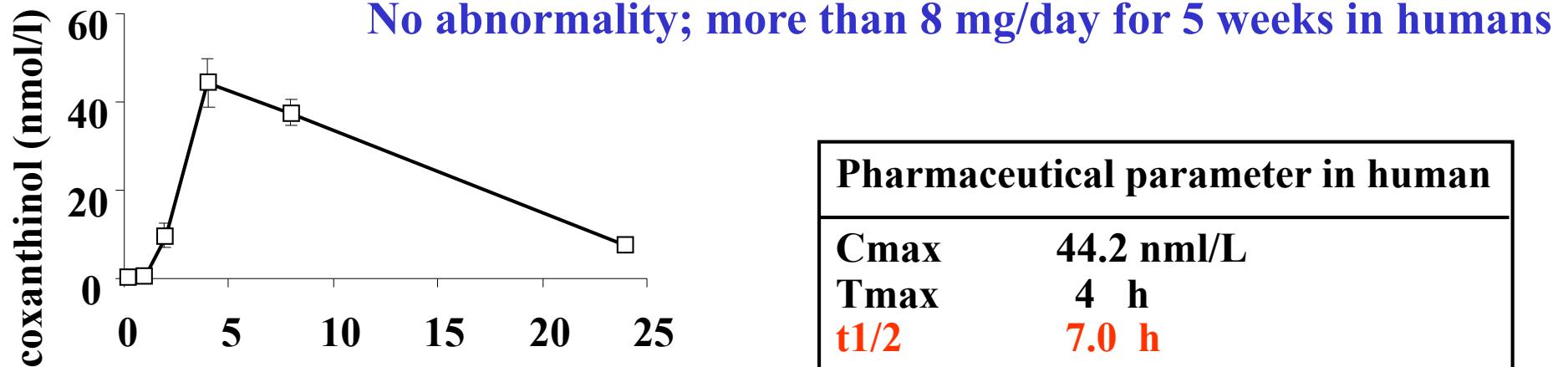
# Single dose of fucoxanthin 0.1 mg (160 nmol)/mouse



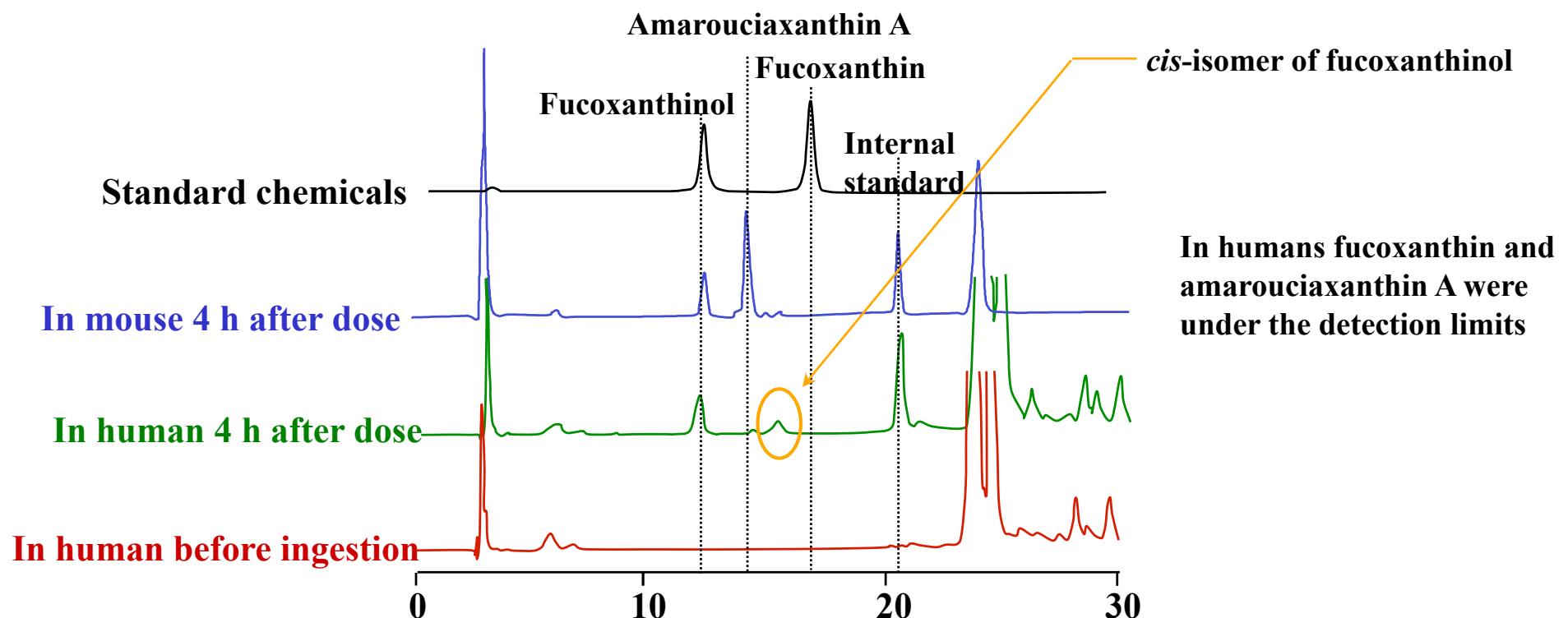


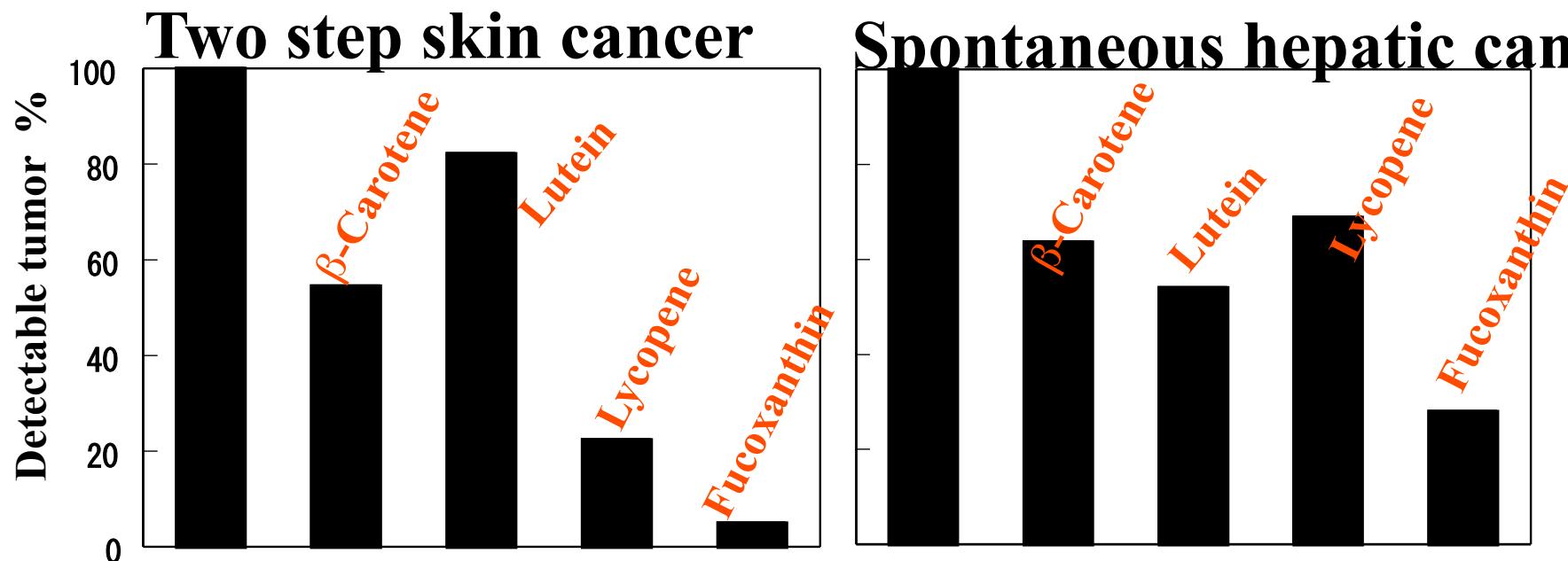
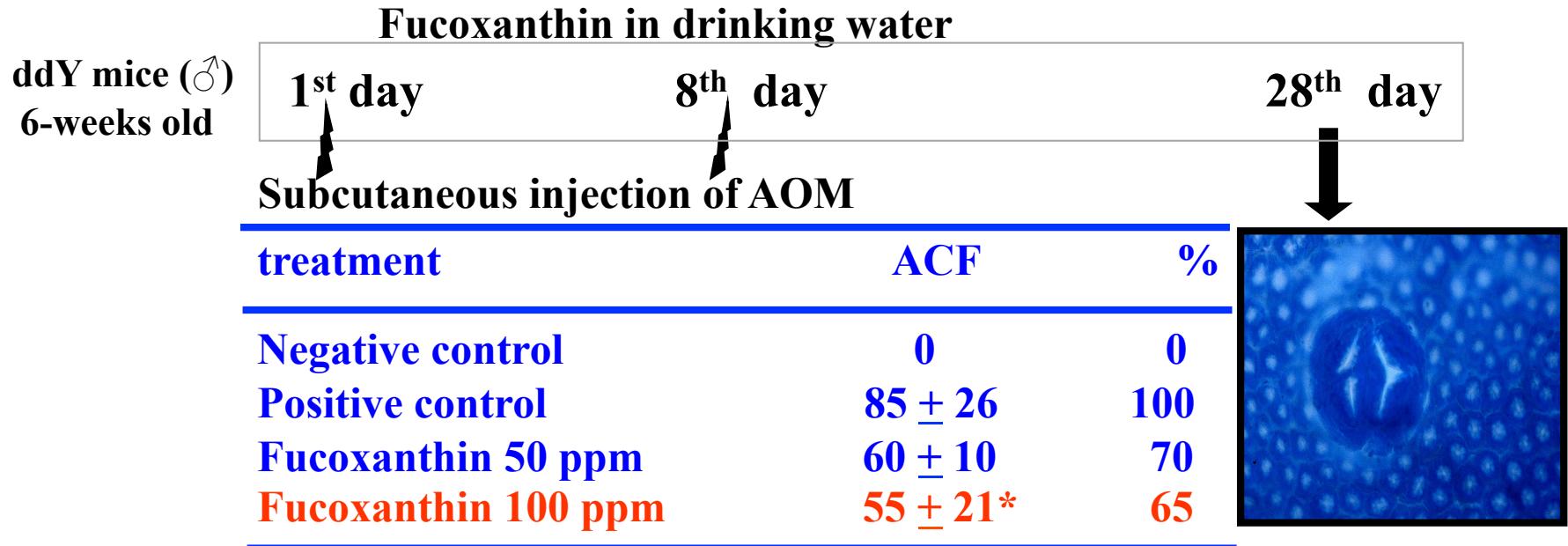
Dose of fucoxanthin 3.5 mg (5.6  $\mu\text{mol}$ )/day/mouse for 1 month  
(equal to 760 g per kg bw of raw kombu)

In another experiments (20 times more),  
F344 fed rats on 0, 17.5, 35, 70 mg/day/mouse of fucoxanthin for 90 days and found NOAEL was more than 70 mg/day/mouse.

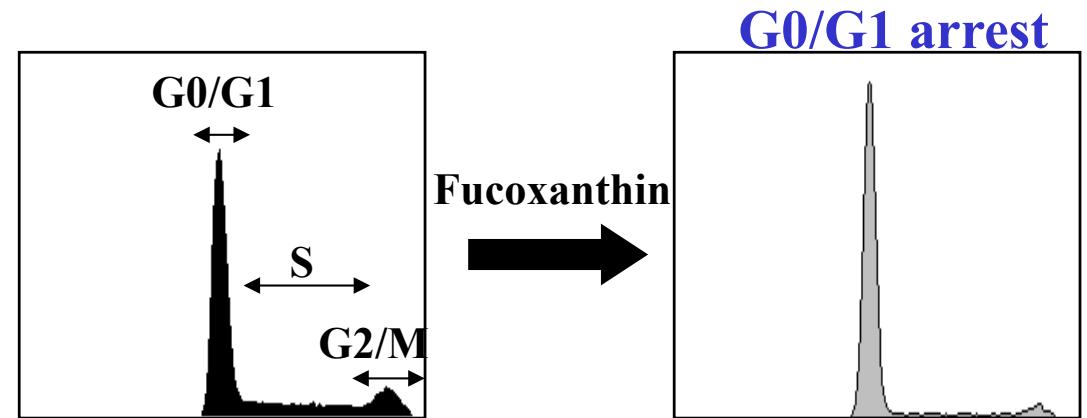
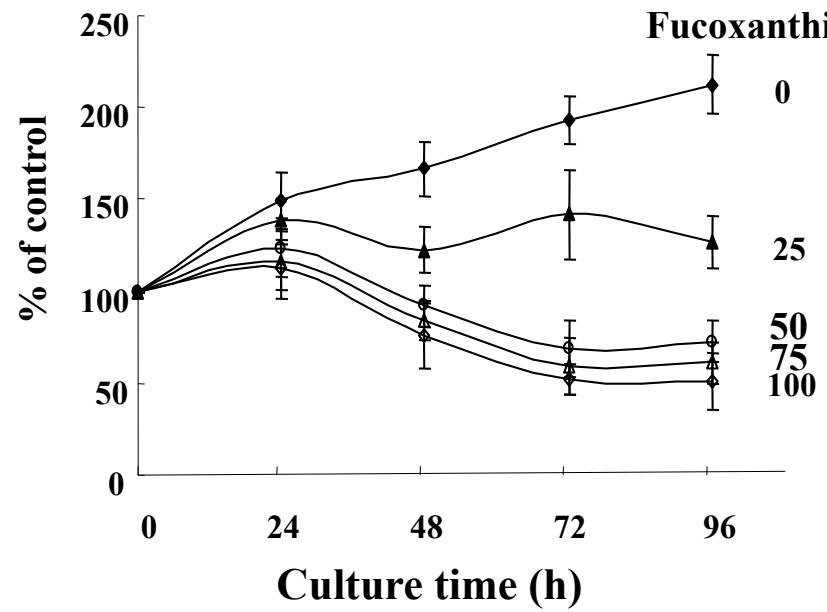


No accumulation indicates that produces no side effects and no toxicity.





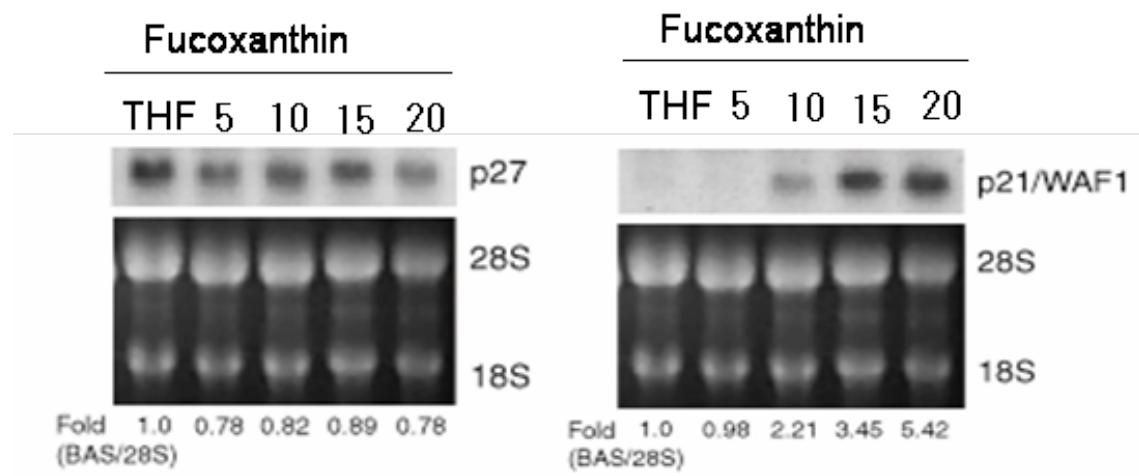
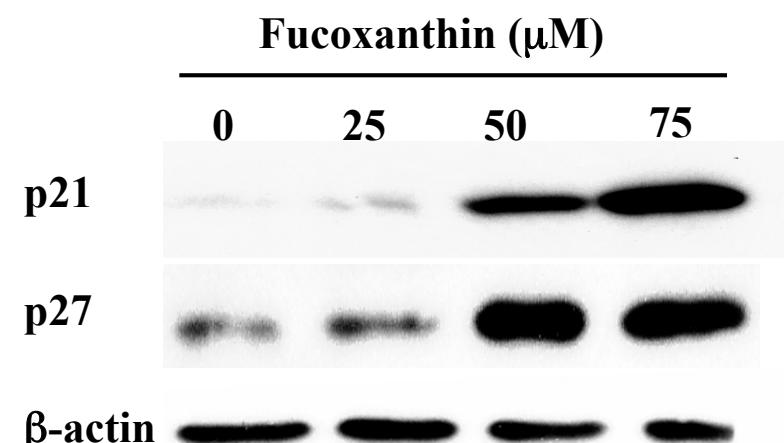
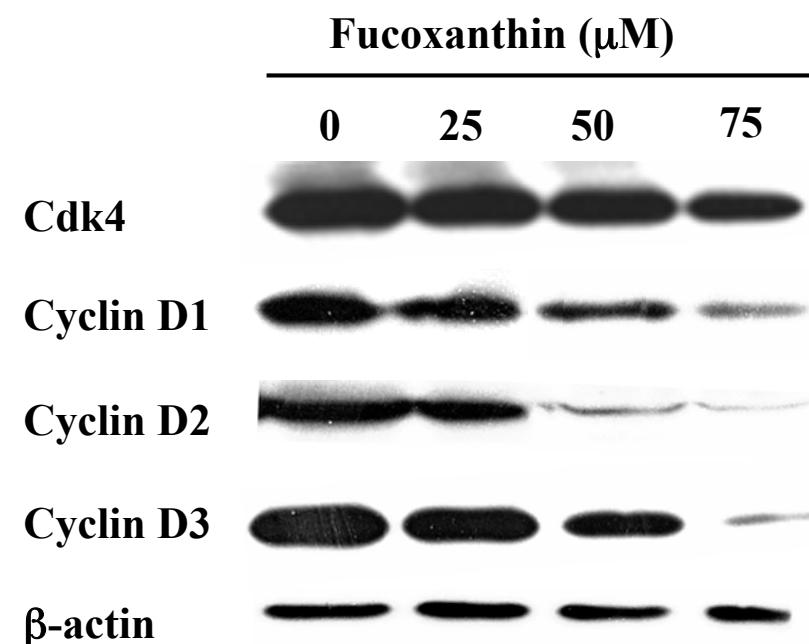
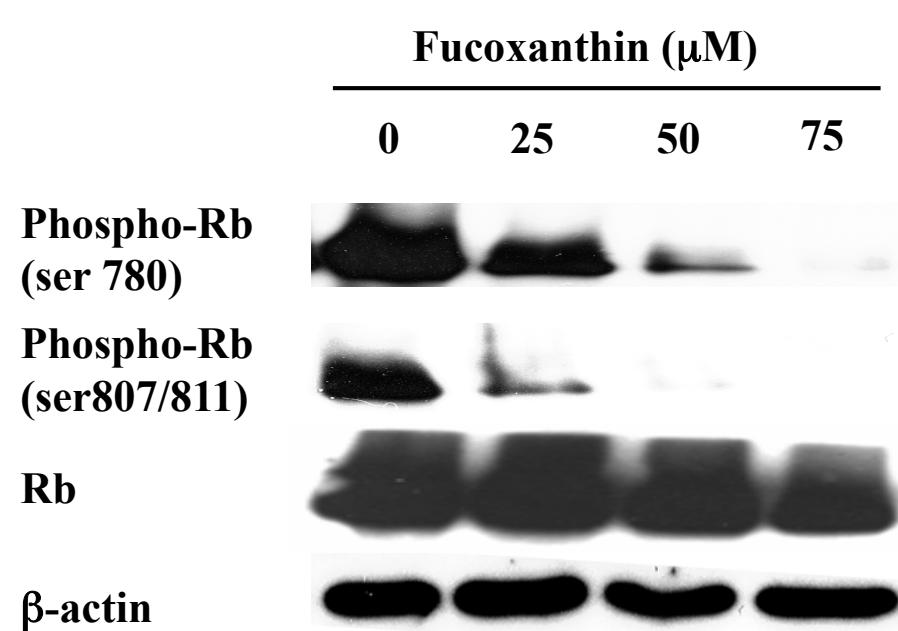
**Fucoxanthin showed the strongest activity to prevent form colon, skin and hepatic cancers among carotenoids.**



Time	Sub-G <sub>1</sub> (%)		G <sub>0</sub> -G <sub>1</sub> (%)		S (%)		G <sub>2</sub> /M (%)	
	Control	Fucoxanthin	Control	Fucoxanthin	Control	Fucoxanthin	Control	Fucoxanthin
24h			<b>62.5±3.4</b>	<b>83.7±2.4*</b>	30.1±4.1	11.9±1.9	7.5±0.9	4.25±0.7
48h			<b>69.5±2.7</b>	<b>95.3±0.7*</b>	24.5±1.9	3±0.5	5.8±0.5	1.7±0.4
72h	<b>2.8±0.1</b>	<b>29.3±1*</b>	81.8±0.6	61.2±1	5.3±0.6	3.1	8.7±0.4	4±0.1
96h	<b>4.9±0.1</b>	<b>45.5±1*</b>	78.2±2	48.2±1.9	5.3±0.2	1.8±0.3	9.9	2.2±0.3

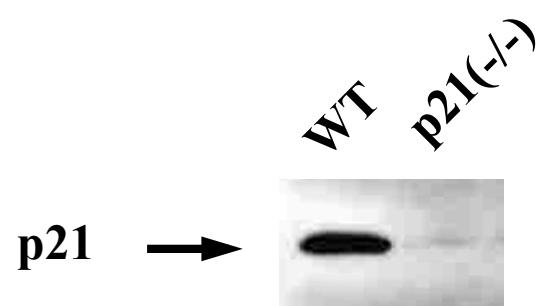
**Fucoxanthin induced cell cycle arrest at G<sub>0</sub>/G<sub>1</sub> phase in human WiDr cells**

# Fucoxanthin Regulates G1 Cell Cycle Related Proteins

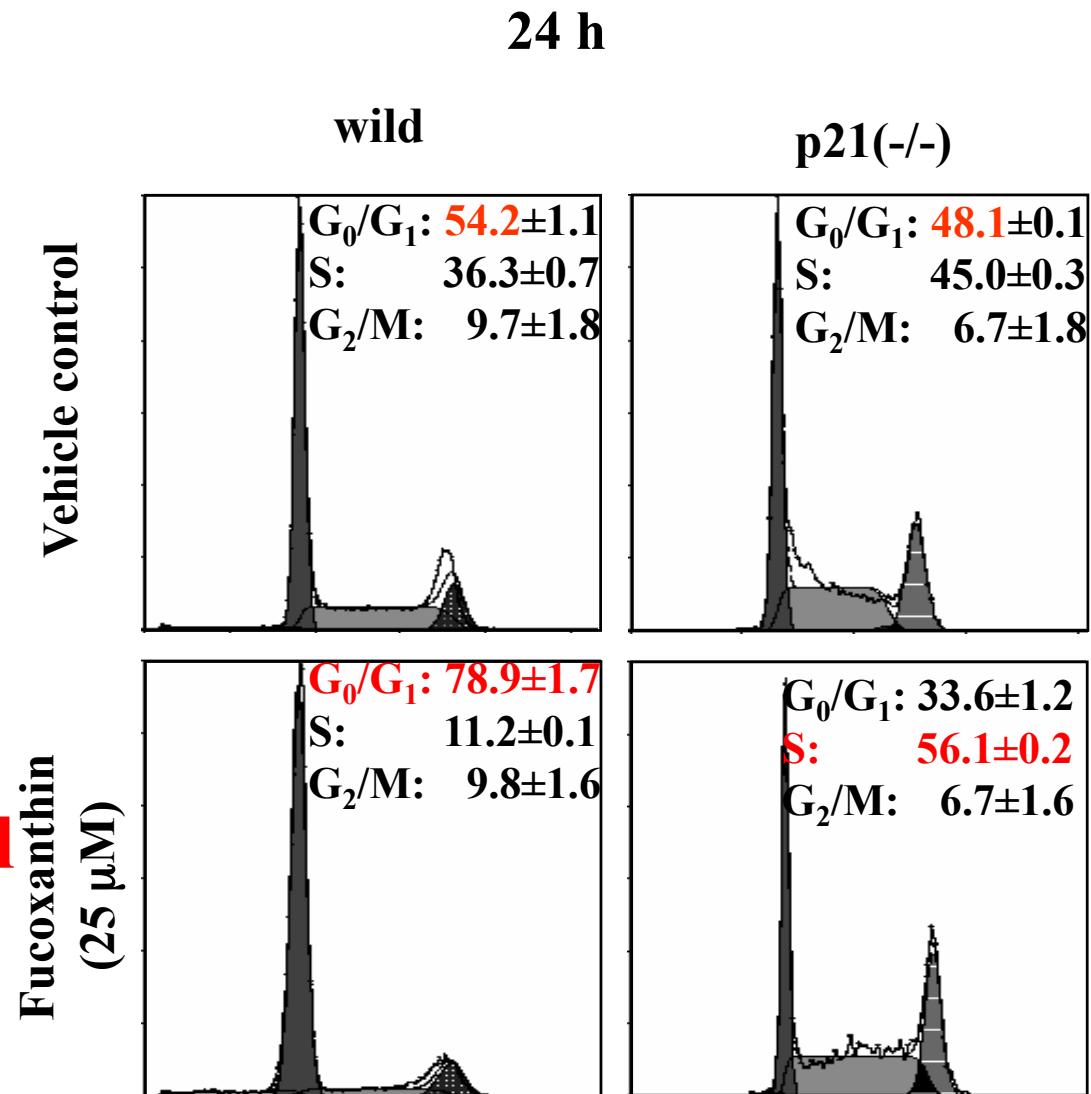


Das et al., BBA, 2005

# In Cip1/p21 (-/-) cells

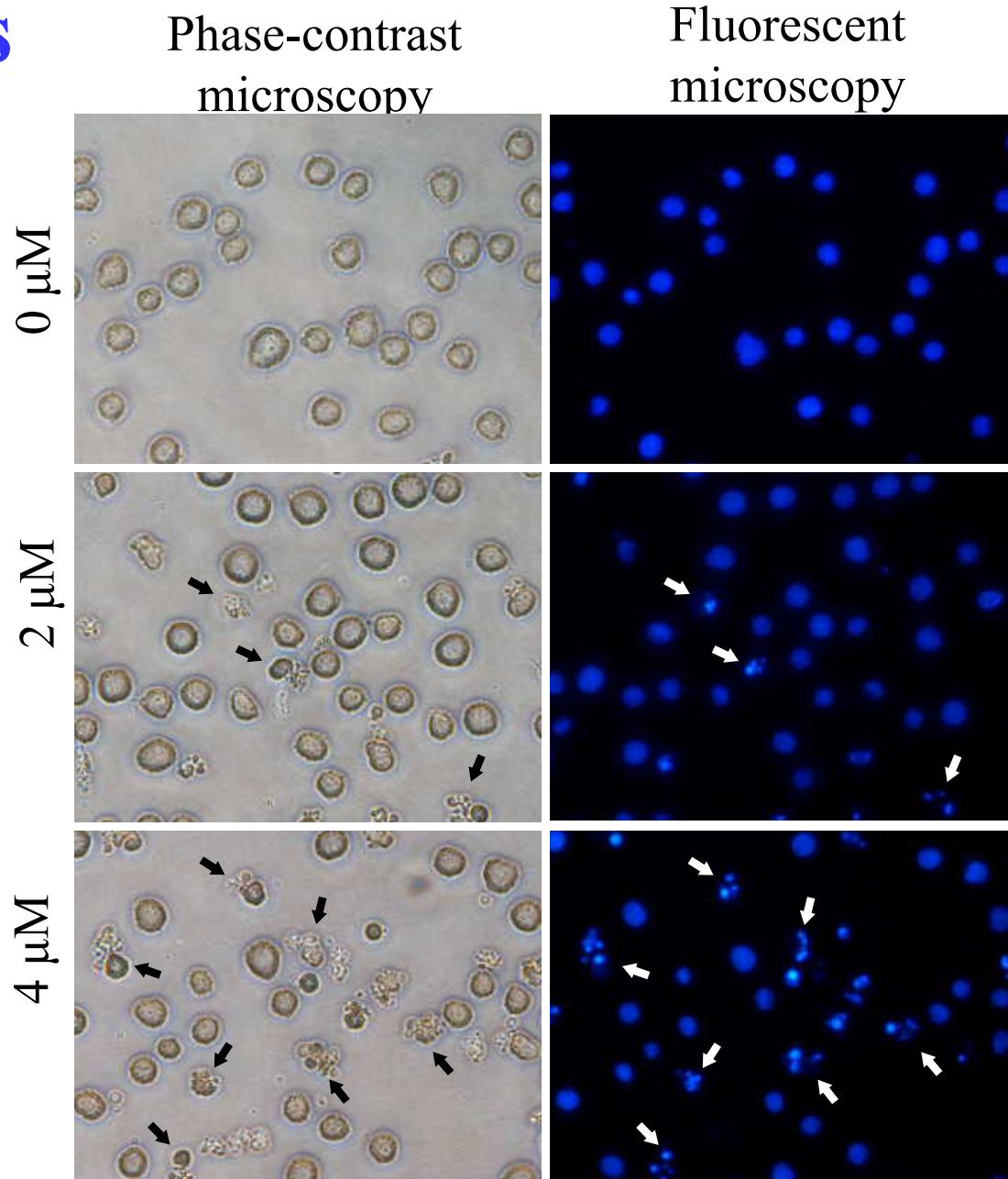


A target protein is  
p21 for fucoxanthinol



# In HL-60 cells

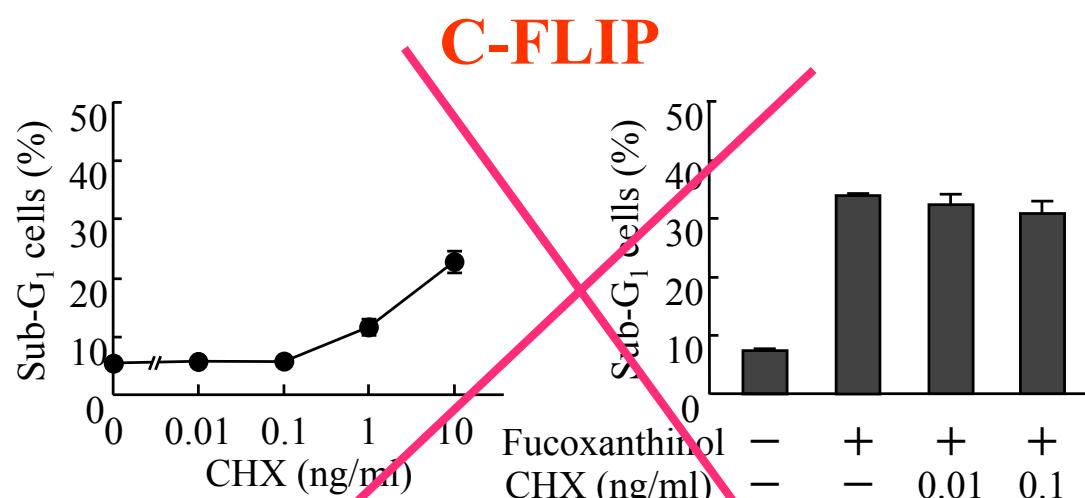
No effects of 4  $\mu\text{M}$   
on peripheral blood  
mononuclear cells of  
healthy volunteers



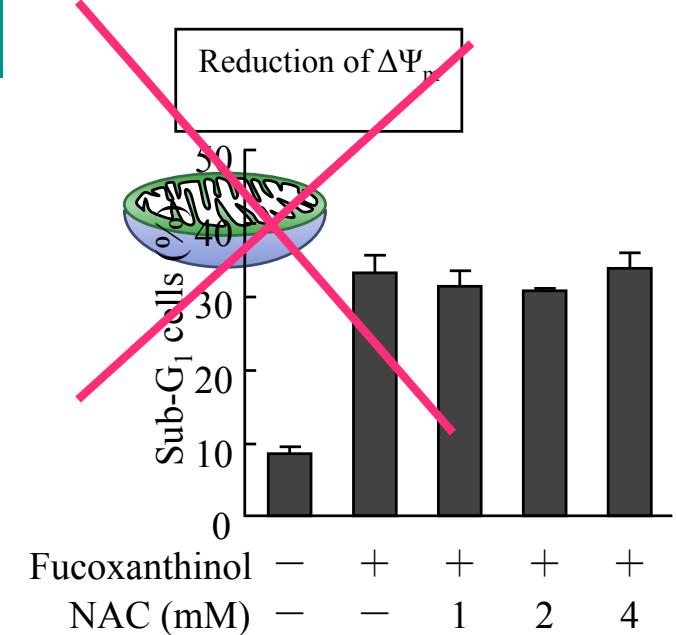
**Was not candidate for a ligand**

Fas

TNFR1, DR5, DR4

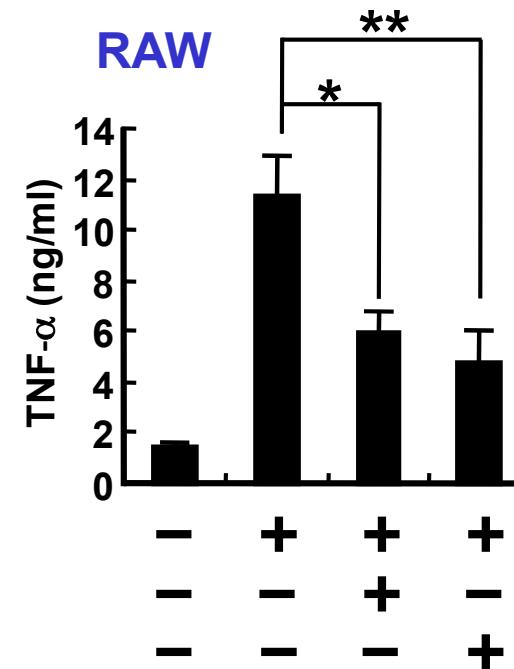
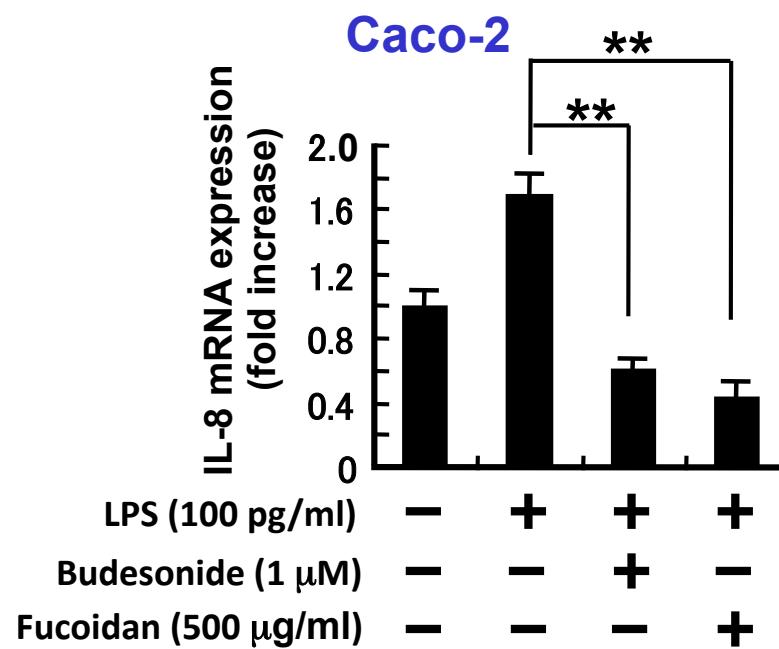
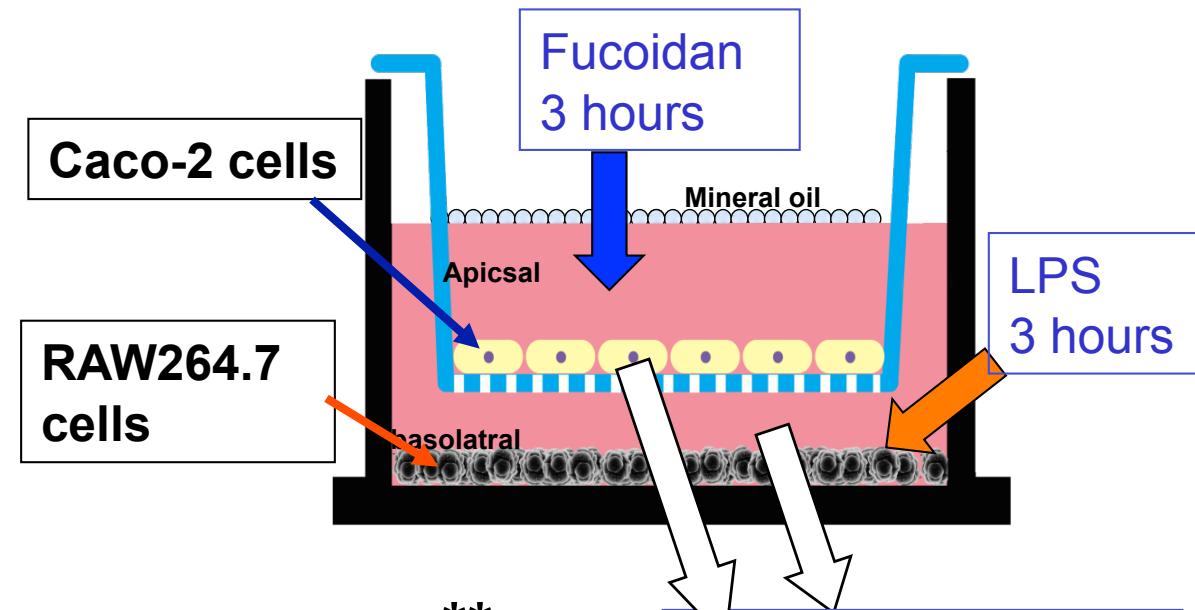
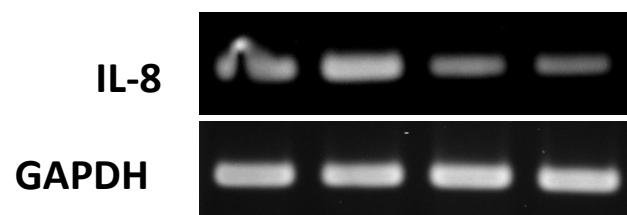


**Protein synthesis did not participate in**



**Mitochondrial pathway did not participate in**

Apoptosis



**Fucoidan modulates over response of macrophages (R) against LPS and Caco-2 (L)**



Raw kombu  
(Japanese kelp)

extract

residual fibers

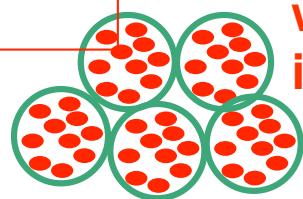
Remove  
Arsenic  
Salts  
A part of Iodine

Remove  
Arsenic  
Salts  
A part of Iodine

# Thank you for kind attention

JAFC.2010

**Anti-obesity**  
BBRC.332,392,2005



Reconstruction

Wrapping fucoxanthin  
with fucoidan  
is super kombu

BBRC. 2008

No waste  
parts



Functional foods  
being easy to eat

We are making a novel functional food