Realization of wellbeing by feedback based on psychological states evaluated by objective methods

**R&D Project Title :** Safe and secure life of perinatal period: Implementation of odors involved in interaction between mothers and newborns

**Project Leader :** Mamiko Ozaki, Prof. Institute of Yamato Area and Kii Peninsula, *KYOUSEI* Science Center for Life and Nature, Nara Women's University

**R&D Team :** Iwate University, National Institute of Advanced Industrial Science and Technology, The University of Tokyo, Hamamatsu Medical University, Kobe University

## Summary :

We focus on the sense of safety or security felt by babies surrounded in the mothers' amniotic fluids or by mothers holding their babies. Considering the putative effects of human odors used as the communication tools especially between mothers and babies, we will develop new applicability of artificial scents mimicking human odors. We have already succeeded to produce two kinds of artificial scents; One is mimicking the amniotic fluid odor, which gives relaxing atmosphere for babies; the other is mimicking the newborn baby's head odor, which increases positive emotion for childcare in mothers. In the present project, our crossdisciplinary research team will reveal psychological and physiological evidences for positive effects of those scents and conduct practical observation, in which those artificial scents given to mothers and babies influence their mental and/or physical health. If those scents would affect other than mothers and babies, further applicability could also be suggested.



Chemical analysis of

Physiological analysis



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